



SPANISH SURVIVAL GUIDE

How to ACTUALLY improve your spanish in 10 days

BY GABRIELA ESTRELLA



ABOUT ME



Gaby Estrella

Spanish Teacher & Manager at "La Escuelita"

Hola!

My name is Gaby Estrella and I am a spanish teacher since more than 15 years, it started as a hobby but somehow it became my passion.

I am from Ecuador, I was born in Quito but I live on the beach, I love my job because I help my students to reach their goals and improve their Spanish level, but I also learn a lot from them, I travel without getting on a plane, I learn about different cultures and I love to meet new people.

Thank you for downloading this guide and congratulations! This summary of rules can help you start communicating in Spanish, this first step opens the door to speak with more than 600 million people who speak Spanish.



Let's be friends

Learn more about me: [@laescuelitaspanishschool](https://www.instagram.com/laescuelitaspanishschool)

www.theschoolinmontanita.com



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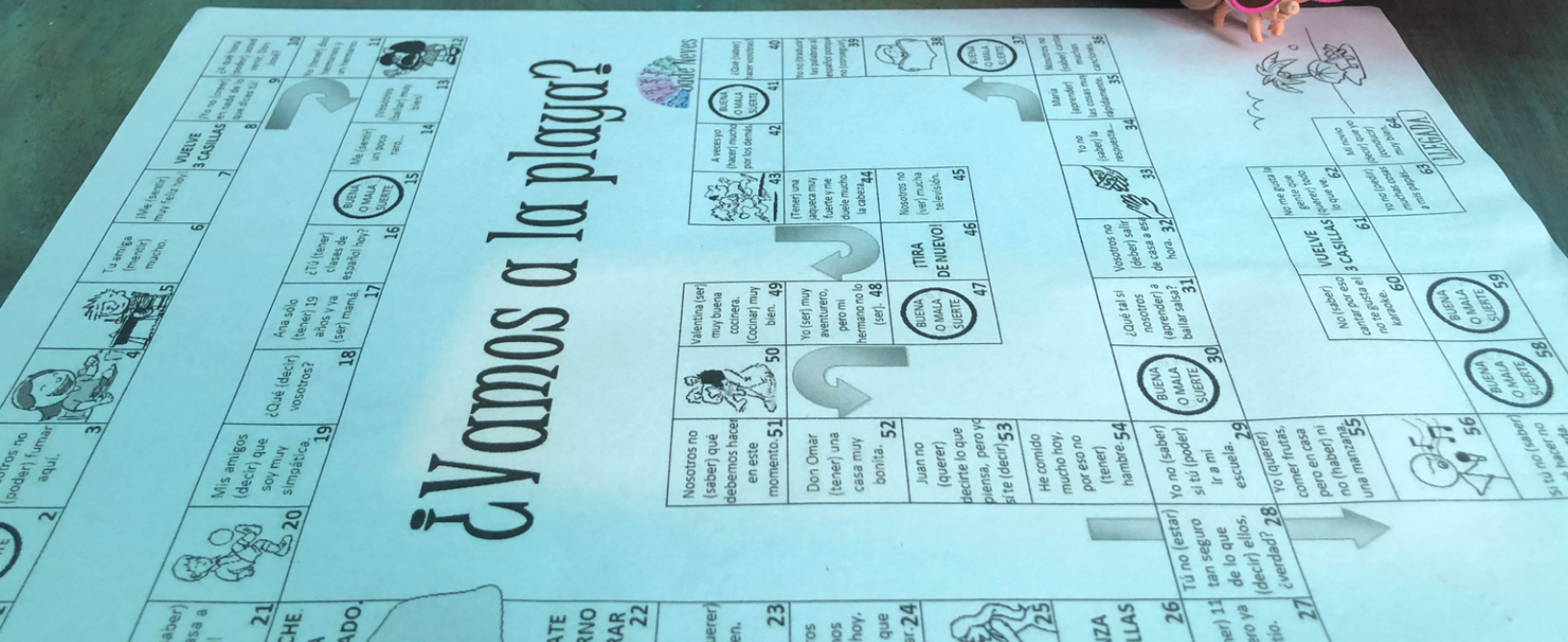
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DAY ONE



INTRODUCTION

I am so excited, and I hope you are excited too! In our day one, we are going deep into the language. But first, I would like to highlight that this guide goes straight to the chase!

We are going to study the most important keys so that in 10 days you will be able to communicate with people in Spanish.

However, you will find small notes with some references that I would like you to read, because there are elements that will help you to use the language properly, although we don't study in detail here.

Remember that for more lessons, you can always check out: our onsite or online lessons at:

DAY 1 AND 2

HOW TO INTRODUCE YOURSELF IN SPANISH



This is the first day of the rest of your trip learning one of the most beautiful languages in the world and on day 10 you will be able to communicate with almost 600 million people. So, let's get motivated and get started.

Let's get started! Our first class will be dedicated to how to introduce yourself in Spanish, and for that we must look at 3 verbs.

Usually in the first Spanish class, we introduce the student to the difference between masculine and feminine nouns in Spanish, but in this practical guide we have decided to simplify it.

RULE OF THUMB:

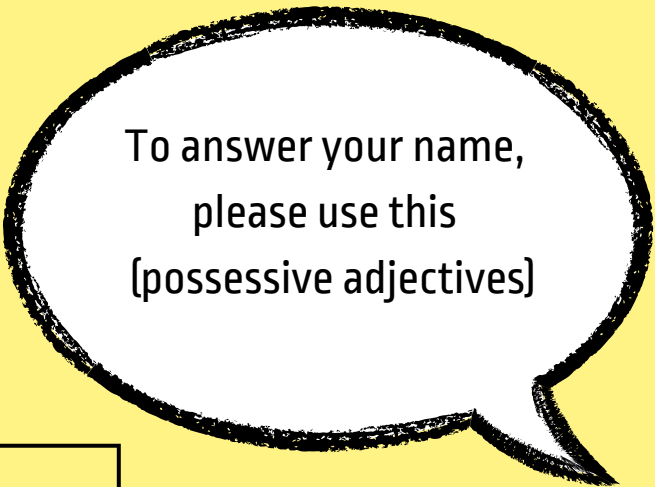
Ending in O = MASCULINO

Ending in A = FEMENINE

Llamar (se) = to call/ to be named	In Spanish we say our names like this
yo me llamo Gaby	I call myself Gaby
tú te llamas	You call yourself
él se llama ella se llama	He calls She calls
Nosotros nos llamamos	We call ourselves
Ellos se llaman	They call themselves

People is going to ask you, these possible options:

1. Cómo te llamas? = How does people call you, or how do you call yourself?
- 2.Cuál es tu nombre? = What is your name?



Adj. Posesives	Español
My	MI
Your	TU
His Her	SU
Our	NUESTRO
Their	SU



El verbo ser y Estar

Now we start with the first challenge, in Spanish we have two variants of the verb to be.

Uses and differences

The key to using the verb ser and estar correctly is to remember these rules:

SER

- Date
- Occupation
- Characteristic
- Time
- Origin
- Relation

ESTAR

- Position
- Location
- Action
- Condition
- Emotion

The verb ser we use to communicate facts and characteristics of our personality that are more permanent or take time to change while Estar is used to talk about conditions, locations, emotions, mood and actions (temporary states).

Are you wondering and age is to be or to be?

Oops... my bad! It's another one of the beautiful exceptions of the language, we don't use the verb ser or estar to explain our age, we use the verb tener.

Because if you think about it logically, if I am 38 years old, they are in my life account!

Tener	To have
yo tengo	I have
tú tienes	You have
él/ella tiene	He has She has
Nosotros tenemos	We have
Ellos tienen	They have

Me llamo Gaby Estrella y tengo
38 años, soy ecuatoriana



Let's practice!

Please describe this people:

Here a list of adjectives and vocabulary

Aspecto Físico

SER + Adjetivo

- ✓ Alto (*tall*)
- ✓ Bajo (*small*)
- ✓ Grande (*big*)
- ✓ Pequeño (*petit*)
- ✓ Gordo (*fat*)
- ✓ Delgado (*slim*)
- ✓ Guapo (*pretty*)
- ✓ Feo (*ugly*)
- ✓ Rubio (*blonde*)
- ✓ Moreno (*brunette*)
- ✓ Pelirrojo (*red-haired*)
- ✓ Calvo (*bold*)
- ✓ Joven (*young*)
- ✓ Mayor (*old*)
- ✓ Fuerte (*strong*)

TENER + nombre

- Los ojos:** oscuros (*dark*)
marrones (*brown*)
negros (*black*)
claros (*light*)
azules (*blue*)
verdes (*green*)
grises (*grey*)
grandes (*big*)
pequeños (*small*)
alegres (*bright, lively*)

- El pelo:** castaño (*brunette*)
negro (*black*)
rubio (*blonde*)
pelirrojo (*ginger*)
blanco (*white*)
largo (*long*)
corto (*short*)
rizado (*curly*)
liso (*straight*)

- La nariz:** grande (*big*)
pequeña (*small*)
respingona (*turned-up*)
bigote (*moustache*)
barba (*beard*)
gafas (*glasses*)

Estado de Ánimo

ESTAR + adjetivo

- ✓ Contento (*happy*)
- ✓ Bien (*well*)
- ✓ Ocupado (*busy*)
- ✓ Cansado (*tired*)
- ✓ Enfadado (*angry*)
- ✓ Nervioso (*nervous*)
- ✓ Preocupado (*worried*)
- ✓ Enfermo (*sick, unwell*)

TENER + nombre

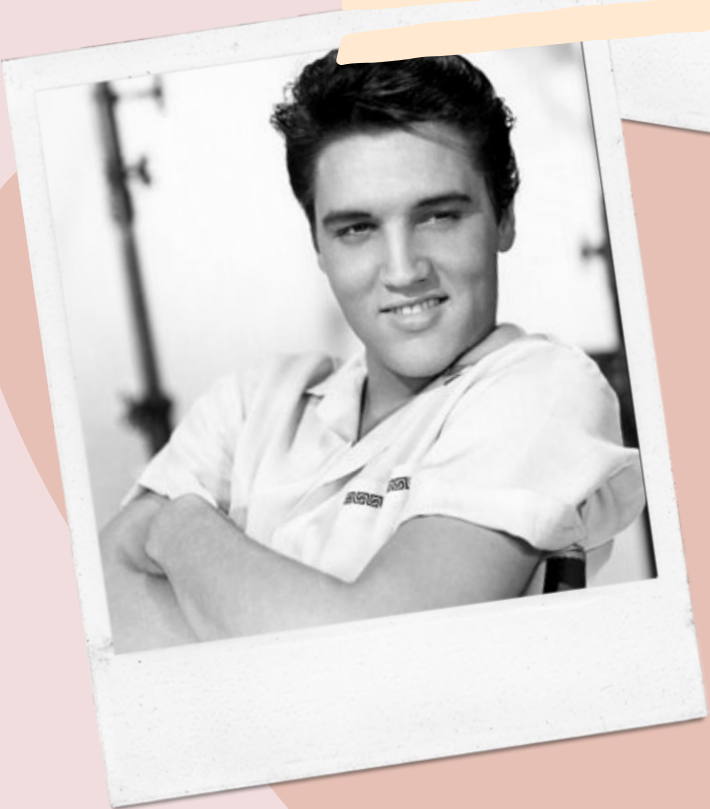
- ✓ Mucho trabajo (*work*): to be busy
- ✓ Calor (*heat*): to be hot
- ✓ Frio (*cold*): to be cold
- ✓ Hambre (*hunger*): to be hungry
- ✓ Sed (*thirst*): to be thirsty
- ✓ Sueño (*sleep/drem*): to be sleepy
- ✓ Miedo (*scary*): to be scared



SER + Adjetivo

- ✓ Trabajador (*hard-working*)
- ✓ Vago (*lazy*)
- ✓ Callado (*quiet*)
- ✓ Hablador (*talkative*)
- ✓ Generoso (*generous*)
- ✓ Egoísta (*selfish*)
- ✓ Paciente (*patient*)
- ✓ Impaciente (*impacient*)
- ✓ Extrovertido (*extroverted*)
- ✓ Introverso (*introverted*)
- ✓ Timido (*shy*)
- ✓ Abierto (*open*)
- ✓ Cerrado (*close*)
- ✓ Simpático (*friendly*)
- ✓ Antipático (*unfriendly*)
- ✓ Optimista (*optimistic*)
- ✓ Pesimista (*pesimistic*)
- ✓ Serio (*responsible, serious*)
- ✓ Alegre (*cheerful*)

Let's practice!



A vertical rectangular area containing horizontal lines, resembling a sheet of lined paper for writing.

DAY 3

LET'S TALK ABOUT REGULAR VERBS

Unlike English, the Spanish language conjugates (changes the verb) according to each person.

That may sound difficult, but the good news is that we have rules for that and once you learn them you can use them with more than 200 verbs, that is to say you can conjugate 200 verbs, that's enough for a conversation, right?

Verbs ending in = AR

HABLAR = TO SPEAK

Yo hablo = I talk

Tú hablas = You talk

Él habla = he speaks

Ella habla = she speaks

Nosotros hablamos = we speak

Ellos hablan = they speak

We reemplace the last two
letters according to :

YO = O

TÚ = AS

ÉL = A

ELLA = A

NOSOTROS = AMOS

ELLOS = AN

DAY 4

REGULAR VERBS II PART

Most of the verbs in Spanish end in AR, but we have a few that end in ER and IR, but the rules are similar to the AR. Just replace the last two words according to the personal pronoun.

Verbs ending in = ER

COMER = TO EAT

Yo como = I eat

Tú comes = You eat

Él come = he eats

Ella come = she eats

Nosotros comemos = we eat

Ellos comen = they eat

YO = O

TÚ = ES

ÉL = E

ELLA = E

NOSOTROS = EMOS

ELLOS = EN



DAY 5

REGULAR VERBS PART III

Verbs ending in = IR

VIVIR = TO LIVE

Yo vivo = I live

Tú vives = You live

Él vive = he lives

Ella vive = she lives

Nosotros vivimos = we live

Ellos viven = they live

YO = O

TÚ = ES

ÉL = E

ELLA = E

NOSOTROS = IMOS

ELLOS = EN



LIST OF THE MOST USEFUL REGULAR VERBS

caminar	To walk	cambiar	To change
trabajar	To work	estudiar	To study
cocinar	To cook	descansar	To rest
hablar	To speak	tratar	To try
invitar	To invite	necesitar	To need
ayudar	To help	olvidar	To forget
viajar	To travel	amar	To love
bailar	To dance	tomar	To take, to drink
comprar	To buy	practicar	To practice
pagar	To pay	cortar	To cut
	To touch, to play		
tocar	music		
nadar	To swim	planear	To plan
lavar	To wash	ordenar	To order
preguntar	To ask	usar	To use
enviar	To send	deber	most
llegar	To arrive	cenar	To have dinner
escuchar	To listen	desayunar	To have breakfast
cantar	To sing	visitar	To visit
mirar	To watch	buscar	To search
memorizar	To memorize		
explicar	To explain	crear	To create

ER - IR

comer	To eat	vivir	To live
leer	To read	escribir	To write
beber	To drink	abrir	To open
responder	To answer	subir	To climb up
vender	To sell	prometer	To promise
creer	To believe	discutir	To discuss
aprender	To learn	recibir	To receive
romper	To break		
correr	To run		



DAY 6

IRREGULAR VERBS = YO QUIERO TODO

Irregular verbs also change their ending, just like regular verbs but additionally they change their root, meaning the main part of the verb, sometimes there are two or three different changes in the verb when we use it, but the good news is that we have groups for a better understanding and Let's start with the first group and call it:

Lo quiero todo - I want it all

NOTICE: we or nosotros in spanish remain always regular.

1) e -> ie

QUERER =

TO WANT/ WOULD LIKE

Yo quiero = I want

Tú quieres = You want

Él quiere= he wants

Ella quiere = she wants

**Nosotros queremos = we want

Ellos quieren= they want

List of important verbs:

Pensar = to think

Preferir = to prefer

Recomendar = to recommend

Cerrar = to close

Empezar = to start



DAY 6

IRREGULAR VERBS

Irregular verbs also change their ending, just like regular verbs but additionally they change their root, meaning the main part of the verb, sometimes there are two or three different changes in the verb when we use it, but the good news is that we have groups for a better understanding and Let's start with the first group and call it:

In the Restaurant!

NOTICE: we or nosotros in spanish remain always regular.

2) e → i

SERVIR = TO SERVE

Yo sirvo= I serve

Tú sirves = You serve

Él sirve= he serves

Ella sirve = she serves

**Nosotros servimos = we serve

Ellos sirven= they serve

List of important verbs:

Pedir = to request

Repetir = to repeat

Vestir = to dress

Corregir = to correct



DAY 7

IRREGULAR VERBS "YO PUEDO"

Irregular verbs also change their ending, just like regular verbs but additionally they change their root, meaning the main part of the verb, sometimes there are two or three different changes in the verb when we use it, but the good news is that we have groups for a better understanding and Let's start with the first group and call it:

You puedo hacerlo todo = I can do it all

NOTICE: we or nosotros in spanish remain always regular.

3) o → ou

PODER = CAN, TO BE ABLE

Yo puedo= I can

Tú puedes = You can

Él puede= he can

Ella puede = she can

** Nosotros podemos = we can

Ellos pueden= they can

List of important verbs:

Dormir = to sleep

Volar = to fly

Recordar = to remember

Encontrar = to meet

Jugar = to play



DAY 7

IRREGULAR VERBS - NO SE! = I DONT KNOW

Irregular verbs also change their ending, just like regular verbs but additionally they change their root, meaning the main part of the verb, sometimes there are two or three different changes in the verb when we use it, but the good news is that we have groups for a better understanding and Let's start with the first group and call it: El ego,, because the only irregular form is at "YO".

4) YO

SABER = TO KNOW

(how to do

Yo se= I know

Tú sabes= You know

Él sabe= he knows

Ella sabe = she knows

**Nosotros sabemos = we know

Ellos saben= they know

List of important verbs:

Conocer = to know (nouns)

Dar = to give

Salir = to leave

Conducir = to drive

Producir = to produce

Poner = to put

Conocer = yo conozco

Dar = yo doy

Salir = yo salgo

Conducir = yo conduzco

Producir = yo produzco

Poner = yo pongo



DAY 8

IRREGULAR VERBS - DOUBLE TROUBLE

Irregular verbs also change their ending, just like regular verbs but additionally they change their root, meaning the main part of the verb, sometimes there are two or three different changes in the verb when we use it, but the good news is that we have groups for a better understanding and Let's start with the first group and call it:

5) Doble irregular

TENER = TO HAVE

Yo tengo= I have

Tú tienes= You have

Él tiene= he has

Ella tiene = she has

**Nosotros tenemos= we have

Ellos tienen= they have

VENIR = TO COME

Yo vengo= I come

Tú vienes= You come

Él viene= he comes

Ella viene = she comes

**Nosotros venimos= we come

Ellos vienen= they come

DECIR = TO SAY

Yo digo= I say

Tú dices= You say

Él dice= he say

Ella dice = she say

**Nosotros decimos= we say

Ellos dicen= they say



DAY 9

SUPER IRREGULARS

This irregular group is very special because does not follow rules, and there are few verbs very important in this group.

IR = TO GO

Yo voy a = I am going to
Tú vas a = you are going to
Él va a = he is going to
Ella va a = she is going to
Nosotros vamos a = we are going to
Ellos van a = they are going to

Please notice: Verb gustar change depending of the noun not the person speaking.

GUSTAR = TO LIKE

Me gusta = I like
Te gusta = you like
Le gusta = he likes
Le gusta = she likes
Nos gusta = we like
Les gusta = they like
Me gusta el cafe = I like coffe
Me gusta bailar = I like to dance
Me gustan los perros = I like dogs



LETS PRACTICE!

TE GUSTA?



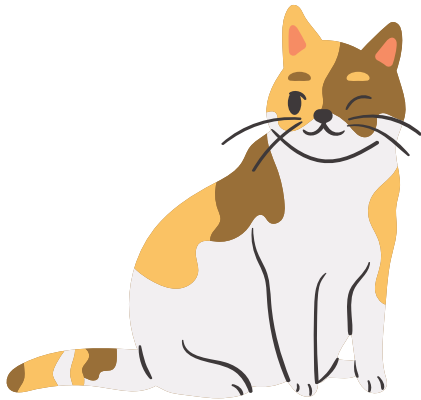
EL BROCOLI



LA LLUVIA



LOS PERROS



LOS GATOS



LEER



CORRER



VIAJAR



COCINAR

Me gusta bailar y a ti te gusta bailar?

LAST ADVICE

HOW CAN I LEARN MORE?



The best way to improve your Spanish is to practice, this guide shows you the rules and combined with the videos on my instagram account, you will be ready to start speaking Spanish, but you can only get to the next level by taking classes!

Don't forget that you can book our courses online or onsite on our website. It will be our pleasure to help you reach your goal!

GRACIAS POR ESTAR AQUI CON NOSOTROS!

More info about our courses:

Remember we have more help on our instagram account, Youtube channel, blog and we are working on the podcast.

Stay tuned!

@laescuelitaspanishschool

